

voca joie En

Anglais B2 : vocabulaire de la joie (nuances)

0) À retenir en 10 secondes

* **happy** = heureux (standard) ; **glad/pleased** = content (plus "calme"/poli). * **delighted / thrilled** = ravi (plus fort) ; **overjoyed / ecstatic** = très fort. * **joyful** = plein de joie (plutôt écrit) ; **cheerful** = de bonne humeur (attitude).

1) Adjectifs : intensité (du calme au très fort)

Mot	Nuance / registre	Exemple
glad	content (réaction simple, oral)	*I'm glad you're here.*
pleased	satisfait / content (poli, pro)	*I'm pleased with the results.*
happy	heureux / content (standard)	*I'm happy for you.*
delighted	ravi (soutenu)	*We're delighted to meet you.*
thrilled	super enthousiaste	*I'm thrilled about the trip!*
overjoyed	comblé de joie	*She was overjoyed to hear it.*
ecstatic	extatique (très fort)	*He was ecstatic.*

2) Bonne humeur vs joie "profonde"

Mot	Idée	Exemple
cheerful	de bonne humeur (attitude)	*She's always cheerful.*
in a good mood	bonne humeur (expression)	*I'm in a good mood today.*
light-hearted	léger, sans souci	*We had a light-hearted chat.*
joyful	plein de joie (plutôt écrit)	*It was a joyful occasion.*
content	satisfait, paisible	*I feel content.*
grateful	reconnaissant (joie + gratitude)	*I'm grateful for your help.*
proud	fier (joie liée à réussite)	*I'm proud of you.*

3) Joie "énergie / excitation"

Mot	Nuance	Exemple
excited	enthousiaste (énergie)	*I'm excited about tomorrow.*
eager	impatiente (positif), motivé	*I'm eager to start.*
pumped (informel)	super motivé, "à fond"	*I'm pumped for the match!*

4) Verbes : exprimer la joie

Verbe	Nuance	Exemple
to enjoy	prendre du plaisir	*I really enjoyed the film.*
to be glad	être content	*I'm glad it worked out.*
to be delighted	ravi (poli)	*I'd be delighted to help.*
to celebrate	célébrer	*We celebrated his promotion.*
to cheer up	se remonter le moral / remonter celui de qqn	*That message cheered me up.*

5) Noms : joy / happiness / delight / excitement / pride

Nom	Quand l'utiliser	Exemple
joy	joie (émotion)	*It filled me with joy.*
happiness	bonheur (état plus durable)	*Her happiness mattered most.*
delight	plaisir / joie charmante (soutenu)	*Much to my delight...*
excitement	excitation (positive)	*There was a lot of excitement.*
pride	fierté	*He took pride in his work.*

6) Collocations B2 (très naturelles)

* **burst out laughing** = éclater de rire * **can't stop smiling** = je n'arrête pas de sourire * **on cloud nine** = au septième ciel * **over the moon** (UK) = aux anges * **make my day** = ça me fait ma journée * **I'm so happy for you** = je suis tellement content pour toi * **It means a lot to me** = ça compte beaucoup pour moi

7) Grammaire & prépositions utiles

* **happy about** (un événement) : *happy about the news* * **happy with** (un résultat / une chose) : *happy with the outcome* * **happy for** (pour quelqu'un) : *happy for you* * **pleased with** : *pleased with the results* * **proud of** : *proud of my students* * **excited about / excited to + V** :

- *excited about the trip*
- *excited to start*

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8) Pièges & nuances

* **cheerful** = humeur générale, pas forcément "heureux à cause d'une nouvelle". * **content** = satisfaction paisible (moins "enthousiaste" que happy). * **ecstatic** peut sonner un peu "dramatique" si tu l'utilises trop souvent.

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9) Mini-exercice (choisis le mot le plus naturel)

Complète avec : **glad / pleased / happy / delighted / thrilled / overjoyed / ecstatic / cheerful / content / grateful / proud / excited**

* I'm you made it. (simple) * I'm with the results. (poli/pro) * I'm for you! You deserved it. (pour quelqu'un) * We're to welcome you. (formel) * I'm about the concert tonight. (enthousiasme) * She was when she heard she got the job. (très fort) * He was — he couldn't stop smiling. (très fort) * She's always in the morning. (humeur) * I feel with my routine. (paisible) * I'm really for your support. (gratitude) * I'm of your progress. (fierté) * I'm to start this new project. (excited to)

Corrigé (proposition)

* glad * pleased * happy * delighted * excited / thrilled (les deux possibles ; **thrilled** plus fort) * overjoyed * ecstatic * cheerful * content * grateful * proud * excited

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