Maritime Trainer

During the 2021/2022 school year I worked as a trainer at the Lycée Professionnel Maritime Jacques Cassard in Nantes.

During the 2024/2025 school year I worked as a trainer at the Lycée Professionnel Maritime Pierre Ioti in Paimpol

Missions

Subjects taught during this school year in Initial Training and also in Continuing Training: (if necessary see maritime training abbreviations)

- Naval mechanics for
  - First year EMM students (Marine Electronics Technician)
  - Final year EMM students
  - 750 kW mechanics
- Electricity and electrical engineering for
  - 250 kW mechanics
  - 750 kW mechanics
- Technical drawing and blueprint reading for
  - 750 kW mechanics
- Materials, maintenance and servicing for
  - 750 kW mechanics
- Hydraulics
  - 750 kW mechanics
- CAEERS - Certificat d'Aptitude à l'Exploitation des Embarcations de Sauvetage (Certificate of Competence in Lifeboat Operation) for
  - Deck Seamen (CMP)
- TIS: Techniques Individuelles de Survie (Individual Survival Techniques) for
  - High school students in Seconde CGEM and EMM

Report

My experience and my training in the merchant navy gave me a good understanding of the programmes and, above all, the purpose of the 250 kW and 750 kW mechanic training courses.

The main challenge for a beginner teacher is to create courses in a short space of time. I found that serious preparation of lessons and exercises took between three and four hours for a beginner trainer. For a course prepared by another teacher, this time can be reduced to around two hours. The course must contain a lot of practical exercises. Another lesson learned is that only a minority of students are able to take notes. For the majority of students, a handout should give an outline of the lesson.

The Jacques Cassard vocational school offers an excellent environment for quality teaching. Students in the Continuing Education programme are almost all highly motivated and disciplined.

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